## **Adult Camp Oberstdorf**

**30. September – 08. October 2013** 



#### **Announcement**

Dear Skaters,

the Sportstätten Oberstdorf in cooperation with the EC Oberstdorf offers a Training Package for single, pairs and ice dance skaters. The package includes practice sessions with international well known coaches, special ice time, ballet and physiotherapy. Focused on practice, we will also show you a bit more of Oberstdorf

Focused on practice, we will also show you a bit more of Oberstdorf and its surroundings.



# Training Package I September 30 – October 4, 2013

- 4 x 50 minutes technique in a group 3-4 skaters
- 4 x 50 minutes free ice
- 1 x 30 minutes relaxing massage
- 1 x 60 minutes ballet
- 1 x "Well done" BBQ
- Guided mountain hiking (sturdy shoes required, but easy level) and sightseeing tour

### Training Package II October 4 – 8, 2013

- 4 x 50 minutes technique in a group 3-4 skaters
- 4 x 50 minutes free ice
- 1 x 30 minutes relaxing massage
- 1 x 60 minutes ballet
- 1 x "Welcome" BBQ
- Guided mountain hiking (sturdy shoes required, but easy level) and sightseeing tour

Price for one package per skater 280,00 € Price for both packages per skater 495,00 €

Entry deadline: September 15, 2013

Payment may be made **by money order, bank transfer or credit card**. (See Entry Form for credit card details). Payment must be made to

Sportstätten Oberstdorf Rossbichlstrasse 2-6 D-87561 Oberstdorf Bank account:

Raiffeisenbank Oberstdorf banking code: 733 699 20

account: 0118 753 "Adult Camp Oberstdorf"

IBAN: DE86733699200000118753

SWIFT: GENODEF1SFO

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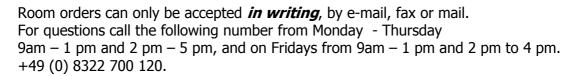


#### **Accommodation**

Participants may book their hotel accommodation individually or hotel accommodation can be booked through the following travel agency:

> Tourismus Oberstdorf Reservierungsservice Prinzregenten-Platz 1 87561 Oberstdorf

E-mail: <a href="mailto:booking@oberstdorf.de">booking@oberstdorf.de</a> Fax: +49 (0) 8322 700 236



Bookings made through the Tourismus Oberstdorf are **binding.** In the event of cancellation or reduction of nights the host is entitled to charge you a cancellation fee (80% for B & B, 90% for vacation flats), according to guidelines of the German Hotel and Restaurant Association.

Int. Nebelhorn Trophy – free Tickets available for early travelers

## **Schedule**

September 28

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September 29	arrival
September 30	Package I: technical practice and free ice
October 1	Package I: technical practice, free ice and ballet
October 2	Package I: technical practice, free ice and massage
October 3	Package I: technical practice, free ice
	Package II: arrival
October 4	Package I+II: Guided hiking and sightseeing tour and "well done or
	welcome" BBQ
October 5	Package I: departure
	Package II: technical practice and free ice
October 6	Package II: technical practice, free ice and ballet
October 7	Package II: technical practice, free ice and massage
October 8	Package II: technical practice, free ice
October 9	Package II: travel day