

# BSV 92 Berlin Summercamp 2015 / Erika-Hess-Eisstadion

## Ice Dance & Duos

Workshop for Adults, August 29th + 30th, 2015

Coaches: Birgit Aust, Joachim Faßbender, Marina Koggelmann

> Courses <

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### Pattern Dances (Birgit Aust, Joachim Faßbender, Marina Koggelmann)

We will work on the pattern dances for the ISU Competitions 2015/2016 as well as offer beginners the opportunity to learn easy ice dances as solo skaters or as couples. You can apply as a solo dancer or with a partner. Same sex couples are welcome

Pre Bronze: Fox Movement, Palais Glide, Waltz Movement and other preliminary dances are very good for improving skating skills.

Bronze: Foxtrot, European Waltz

Silver: Rocker Foxtrot, Blues

Please apply for the courses according to your skating level. Instruction will be as close as possible to the level of your ability.

### Skating as a Duo (Birgit Aust + Joachim Faßbender)

Open for all skaters who are interested. You do not need any experience in ice dance or pair skating. You can join without a partner -- just be open to working in a duo.

We will concentrate on what skating with another person has to offer.

Our main focus will be on our awareness of each other: giving, receiving and transforming impulses from the partner. Based on „classical“ dance holds, we will develop different joyful ways to create movement by skating „together“. This new way of sensing movements will open space to harmoniously skate pattern dances and increase your creativity in free programs or show dances. \_

On the second day we will build on the first day's work. Skaters can have space to improvise and experiment on their own. We will concentrate on duo-creations of movements, working on freedance elements and different music styles, developing short movement sequences in duos.

### >> Dance Session <<

Ice Dance for all! Just dance!

Celebrating with a glass of champagne at the rink, dancing pattern dances with the coaches or spontaneous improvisations.

### Free Practice

Time to practice on your own or take a lesson with one of our coaches.

In the days after the workshop you will have the chance to practice for at least 2 hours a day at the Erika-Hess-Eisstadion. If you can – just stay a bit longer in Berlin!

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### > Schedule <

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**Sat, 29.08.2015**

**Where: Skating Rink Paul-Heyse Str.**

02.00 – 03.30 pm **Pattern Dances Bronze + Silver** (Birgit + Joachim)

03.45 – 05.15 pm **Pattern Dances Pre-Bronze** (Joachim + Marina)

05.30 – 06.30 pm Meet for dinner

**Where: Erika-Hess-Eisstadion**

07.15 – 08.45 pm **Skating as a Duo** (Birgit + Joachim) / Free Practice Duos

08.45 – 10.00 pm **>> Dance Session <<** for everyone (Birgit + Joachim + Marina)

**Sun, 30.08.2015**

**Erika-Hess-Eisstadion**

08.30 – 09.30 am Free Practice Duos

09.30 – 11.00 am **Pattern Dances Pre-Bronze** (Joachim + Marina)

11.15 – 12.45 am **Skating as a Duo** (Birgit + Joachim)

01.00 – 02.30 pm **Pattern Dances Bronze + Silver** (Birgit + Joachim)

City tour (if there is sufficient interest)

### > Seminar Fees <

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#### **Package 1**

1 course 2 x 1.5 hours (Sat + Sun)

Dinner

Free practice

>> Dance Session << 50.00 €

#### **Package 2**

2 courses, each 2 x 1.5 hours (Sat + Sun)

Dinner

Free practice

>> Dance Session << 80.00 €

#### **Courses:**

Pattern Dances Pre-Bronze

Pattern Dances Bronze

Pattern Dances Silver

Skating as a Duo

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### > Information for Registration <

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**Registration / Course info:** Birgit Aust  
[birgit.aust@eiskunst-werkstatt.de](mailto:birgit.aust@eiskunst-werkstatt.de)  
mobil: 0162 - 889 43 08

Please send your registration by e-mail, either as a pdf file, a Word document or with the required information in a simple e-mail.

#### **Registration deadline: Monday, August 3, 2015**

After the close of registration you will receive a confirmation by e-mail by August 10, 2015.

Please transfer the fees no later than Monday, August 3, 2015, to the following account:

BSV 1892 Eiskunstlauf

Commerzbank Berlin                      BLZ: 100 800 00                      Kto.-Nr.: 0424448500  
IBAN: DE98 1008 0000 0424 4485 00                      BIC: DRESDEFF100  
payment reference: Eistanz Adult Sommer 2015

### > Adresses of the Rinks <

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Eishalle im Sportkomplex Paul-Heyse-Straße  
Paul-Heyse-Str. 25  
10407 Berlin

Erika-Heß-Eisstadion, Wedding  
Müllerstr.185  
13353 Berlin